Weekend Course in Practical Orthopaedics
For General Practitioners
Registration Form

Name: ____________________________________________
Membership no: ____________________________
I.C No: ____________________________
Address: ____________________________________________
________________________________________________
________________________________________________
________________________________________________
Contact No: ____________________________
E-mail: ____________________________________________

Cheque No: ..........................................................
Made Payable to: Academy of Family Physicians of Malaysia
Signature: ..........................................................
Date: ____________________________

Vegetarian: Yes/No

THE ACADEMY OF
FAMILY PHYSICIANS
OF MALAYSIA

Unit 1.5, Level 1, Enterprise 3B,
Technology Park Malaysia (TPM),
Jalan Innovasi 1, Lebuhraya Puchong – Sg Besi,
57000 Bukit Jalil, Kuala Lumpur
Tel: 603-8993 9176 / 9177
Fax: 603-8993 9187
Email: mala@afpm.org.my / mathan@afpm.org.my
http://www.afpm.org.my

( ☑ Select Course Registration Payment )
☐ AFPM RM 700.00
☐ Non AFPM RM 800.00
PAYMENT ABOVE INCLUDES THE CD.

Weekend Course in Practical Orthopaedics
For General Practitioners
Registration Form

COURSE DIRECTOR:
Dr. Sudha Nanthan
MBBS (Pat, India), MAFP (Hon) MAFP, FRACGP, DIP.P.C.
Derm, MPH-OEHS Med (Wisconsin, USA)
Dr. Sudha Nanthan acts as a Consultant Certified Physician
to manufacturing companies in Melaka and has special
interest in Worksite Health Promotion Programmes.

FACULTY MEMBERS:
Dr. Thirukumar Subramaniam
Consultant Orthopaedics Surgeon Mahkota Medical Centre,
MBBS (Cal) FRCS (Ireland) FRCS (Edin) PAOI (Germany)
Fellow of Adult Reconstructive Surgery (Spore)

Dr. Jeyaratnam T. Satkunasingam
Consultant Orthopaedics Surgeon Mahkota Medical Centre,
MBBS (Mal) M.D. (Ortho, Mal) PAOI (UK) Fellow of Adult
Reconstructive Surgery (Spore).

Dr. Thirukumar and Dr. Jeyaratnam have special
interest in adult reconstructive surgery, limb lengthening
and deformity correction.

THE ACADEMY OF
FAMILY PHYSICIANS
OF MALAYSIA

16th - 17th November 2019

Venue:
Mahkota Conference Hall,
(opposite MMC)
Mahkota Medical Centre Melaka

Organised By:
Academy of Family Physicians of Malaysia

Information Leaflet
INTRODUCTION

This is a practical course for the general practitioner designed to enhance Orthopaedics skills in a primary care setting.

This course gives a practical approach to the management of common orthopaedic disorders seen at the General practitioner’s Office. The course also offers a hands on training to develop skills to address some of these conditions.

Topics are arranged to address the aetiology, clinical features and management of these conditions.

A short revision of the anatomy and surface anatomy is demonstrated preceding each module.

Module I:
Introduces the participants to Repetitive Stress Injuries and the principles of soft tissue injections.

Module II:
Addresses common upper limb disorders like carpal tunnel syndrome, trigger finger, Dequervain’s tenosynovitis, ganglions and shoulder impingement syndrome.

Module III:
Practical management of common lower limb disorders like osteoarthritis of the knee, planter Fasciitis and ingrown toenails.

Modules IV:
Covers basic understanding of common sports injuries.

Module V:
Common splinting techniques for common sport injuries and their basic management.

Workshop on practical injection techniques will also be held. All the modules will be enhanced in a prepared graphic CD with pictures & demonstration of anatomy, surface markings and injection techniques.

Each candidate will take back a CD worth RM200.00 which is part of the course material.

For Registration Contact:
Ms Mala / Mr Mathan
Tel: 03-8993 9176/9177
Email: mala@afpm.org.my
mathan@afpm.org.my

Or

Dr. Sudha Nanthan
Tel: 06-2680980
Email: sudhananthan@gmail.com

Book early for accommodation at
Equatorial Hotel: 06-282 8333
Seri Costa Hotel: 06-281 6666

COURSE FEES:

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>AFPM</td>
<td>RM 700.00</td>
</tr>
<tr>
<td>Non Member</td>
<td>RM 800.00</td>
</tr>
</tbody>
</table>

(TOTAL PAYABLE)

Accommodation is not inclusive.

Course material includes a CD titled 'Office Orthopaedics For The GP' that provides a detailed method of treating commonly occurring Orthopaedic problems

Only 30 participants will be accepted for the Programme.

CLOSING DATE FOR EARLY REGISTRANTS:
30th September 2019

Send registration form and course fees to:

The Academy of Family Physicians of Malaysia
Unit 1.5, Level 1, Enterprise 3B, Technology Park Malaysia (TPM), Jalan Innova 1, Lebuhraya Puchong – Sg Besi, 57000 Bukit Jalil, Kuala Lumpur
Tel: 603-8993 9176 / 9177
Fax: 603-8993 9187
Email: mala@afpm.org.my / mathan@afpm.org.my
http://www.afpm.org.my